

CIRC 2012 Preliminary Schedule of Events

Final schedule with exact times will be posted on Thursday before the event.

Lwt Competitors must check in 30 minutes prior to scheduled event

Team Contact must check in 1 Hour prior to scheduled event

	7:30 a.m.		Check-In / Weight-in Opens
	8:00 a.m.	2K	Veteran & Senior Women
		2K	Veteran & Senior Men
		2K	Masters & Open Women
		2K	Masters & Open Men
	9:30 a.m.	2K	Collegiate Novice Women
		2K	Collegiate Novice Men
		2K	Collegiate Novice Lightweight Women
		2K	Collegiate Novice Lightweight Men
		2K	Collegiate Lightweight Women
		2K	Collegiate Lightweight Men
		2K	Collegiate Women
		2K	Collegiate Men
		1K	Collegiate Coxswain
		1K	CrossFit Quad
		500	Sprint – Open to all
		500	Middle School
		1K	Adaptive
			<i>Break</i>
	12:30 p.m.	2.5K	Womens Open Challenge /Booster Relay
		2.5K	Mens Open Challenge Relay
		2K	CrossFit Challenge Relay
		500	Adaptive
			<i>Break</i>
	1:00 p.m.	2K	Junior Novice Women
		2K	Junior Novice Men
		2K	Junior Lightweight Women
		2K	Junior Lightweight Men
		2K	Junior Women
		2K	Junior Men
		1K	Junior Coxswain
	4:00 p.m.	2.5K	Womens Junior Challenge / Booster Relay
	4:15 p.m.	2.5K	Mens Junior Challenge Relay